

# **Policy Manual – Students**

S.M.06 Foods and Beverage Policy

The mission of Catholic Education in Hamilton-Wentworth, in union with our Bishop, is to enable all learners to realize the fullness of humanity of which Our Lord Jesus Christ is the model.

#### **POLICY STATEMENT**

The Hamilton-Wentworth Catholic District School Board is committed to supporting a healthy school environment. The Board supports that the school, in cooperation with the parent/guardian and the general community, has an important role to play in the development of positive attitudes toward good nutrition and lifelong healthy eating habits. The Board supports that students' food choices can be positively influenced through instruction and good example. Foods and beverages that are of high nutritional value should be available to students within the school setting.

### **Purpose**

The Board is required to ensure that all food and beverages sold on school premises for school purposes meet the nutrition standards that apply to the School Food and Beverage Policy/Program Memorandum No. 150. The nutritional standards apply to all food and beverages sold in all venues (e.g., cafeterias, vending machines, tuck shops), through all programs (e.g., catered lunch programs), and at all events (e.g., bake sales, sports events). Good nutrition is vital to the health and well-being of each student and his/her potential to learn. A healthy school environment enhances student learning and success, and enhances students' social and emotional well-being. It also reinforces the knowledge, skills, and attitudes regarding healthy eating that are developed through the various subjects and disciplines in the Ontario curriculum.

## Responsibility

Superintendents of Education, Manager of Procurement, and Principals

## Regulations

Policy/Program Memorandum (PPM 150)- School Food and Beverage Policy Trans Fat Standard Regulation (Ontario Regulation 200/08) Healthy Food for Healthy Schools Act

#### **Related Policies**

S.M.11 Allergic Reactions (Anaphylaxis Awareness)

## **Related Board Committee**

Student Achievement and Well-Being

#### **Policy Review Date**

BM Original Policy approved 27 June 2006 Revisions: 5 June 2007, 7 June 2011, 1 March 2016, 6 November 2019, 10 March 2023 To be reviewed every three years